

Labor Day 30K Race Direction and Description

This is a very hilly and challenging course that is well marked with lots of aid stations and course marshals, but remember not all drivers like runners and cyclist, so always keep your eyes opened and we suggest NO I Pods or radio so you hear traffic.

Start toward the back of Corporate Office Drive (This is the main road in Bakers Banquet and Restaurant) giving you a straighter start than last year
Go west on Corporate Office Drive toward Milford Road about 200 yards
Right or North on Milford Road, giving you a misleading down hill for about 1 ½ miles (Aid station provided by Huron Valley State Bank)
Right or East on GM Road which becomes Huron Street (Port-A-Potty near fire station)
Left or North on Main Street through Historic Downtown Milford Business District (4 port-a-potty's in Central Park as you cross the Huron River)
Left or West on Commerce to Highland Road (Look for the Tank in front of VFW)
Right or North on Highland Road to Milford/Summit Street
Right or East on Milford Road, becomes Summit
Straight or slight left at Summit (Rite Aid Store) and climb the two (2) Summit Hills
Left or North on First/Weaver (This will take you onto beautiful dirt roads through Highland Recreational State Park were you do a 7 mile loop) Aid Station at George and First Street/Weaver (Courtesy of the Goan Family that has been there from year one)
Left or west on Pettybone Road, becomes Cooley Lake (Aid Station at the T intersection)
Right or north on Cooley Lake Road, be prepared to climb Mount Cooley and for some rolling hills on shaded hard packed gravel and dirt roads (Very scenic)
Right or East on Livingston Road (Aid Station Provide by Highland Fire Department) A 1 mile straight away with Out Houses half way down near the horse staging area
Right or South on Beaumont (Aid Station Provided by Highland Fire Department) One of Michigan Most Beautiful and Scenic Roads (Lots of rolling tree lined shaded hills)
Right or West on Pettybone to Aid Station at the T Intersection
Left or South on Weaver to Aid Station at George and Weaver (be prepared for a steady up hill)
Right or West on George Street, just past the aid station and Muir Middle School
Left or South on Union Street (Make sure to leave a six pack of beer at 527 Union for the race director) you can also yell, but please no egging the house (Watch for car on Commerce) we will have course marshals and some barricades or cones along with signs
Left or East on Liberty (This is a boulevard street with many beautiful historic homes)
Right or South on First with Aid Station provided by Lynches Funeral Home
Left or East on Atlantic to JD Caswell Drive (A small road)
Right or South at JD Caswell Dr (This takes you by the Village/Township and Police offices) If, you past the post office you have go too far on Atlantic (port-a-potty in State Fair Park)
Left or South on Mount Eagle and cross over the Huron River (Nice Down Hill)
Right or East on Garden
Quick Left or South on Old Plank and steady climb up hill
Left or East on Dawson and nice fast down hill into Proud Lake Recreational Area (Aid Station)
Dawson becomes Childs Lake Road and you are forced right or south with the road
Right or West on Buno and climb Mount Buno the highest point in Milford (Rolling hills for several miles to Milford Road (Aid Station at top of hill and at S. Hill and Buno)
Right or North on Milford Road (Run on the wide coned off shoulder)
Right or East at Corporate Office Drive were you will do a wide horse shoe route by the old start in front of the putt-putt by the old start to finish in front of Bakers with a nice 50 to 70 yard straight away by the front door and the entertainment.